

EXPLORERS AND NAVIGATORS IN CYBERSPACE: INTERNET SAFETY

TAKE HOME NEWSLETTER

ONLINE DANGERS

According to Safewise.com the top online threats for kids are:

INAPPROPRIATE CONTENT

One of the most common online threats that kids encounter. Over 55% of tweens (kids age 10-12) report being exposed to inappropriate content online.

CYBERBULLYING

Aggressive, threatening, or mean-spirited activity conducted via electronic communication (email, social media posts, text messages, etc.) More than 36% of kids aged 12-17 have been cyberbullied and nearly 15% have bullied someone else online.

ONLINE PREDATORS

Adults who use the internet to entice children into some type of abuse. Girls make up the majority (78%) of those targeted.

STAYING SAFE ONLINE

- KidsHealth.org recommends these guidelines for staying safe:
- · Follow your family rules, and those set by the Internet service provider.
- Never post or trade personal pictures.
- Never tell someone your personal information (address, phone number, or school name or location).
- Use a screen name (not your real name) and don't share passwords (other than with parents).
- · Never agree to get together in person with anyone met online without parent approval and supervision.
- · Never respond to a threatening email, message, post, or text, but do save it to show your parent/guardian and block the sender.
- · Always tell a parent or other trusted adult about anything online that is scary or hurtful.

Before you enter or type or click on anything: STOP! THINK - WHAT COULD HAPPEN? Make sure your password is private. Don't share your password with anyone except a parent, guardian or trusted adult. • Be very careful with Personally Identifiable Information (PII). Don't give out information about yourself online to people you Double check the spelling of websites that you visit and search don't know. terms to make sure you are going to a safe site. Don't click on any links unless you are sure they lead to safe I think it is important to keep personal information private

because:

Before you send a text or post anything online: STOP! THINK - WHAT COULD HAPPEN?

- Who can see my information?
- Who can read my posts or see my pictures? Who are my online friends?

It is important to know who can see what I post

Before you share anything that you might want to delete later: STOP! THINK - WHAT **COULD HAPPEN?**

- Am I going to wish that I could take this back after I send it?
- If I delete it will it really go away?
- Can someone share it without my permission?

It is important to think before posting or texting something that I might not want everyone to see because:



If you see something wrong: STOP! THINK - WHAT **COULD HAPPEN?**

- Don't Respond.
- Take a screen-shot of what you see and show it to a trusted
 - Document and report bullying, adult. inappropriate and dangerous online behavior to a trusted
 - adult. Report online abuse to the website or app service provider.
 - Let the target of cyber-bullying
 - know that you care. If I see a classmate being

cyberbullied I can:



If you or a friend want to meet an online-friend in person: STOP! THINK - WHAT **COULD HAPPEN?**

- Remember that people's online identities may not always be who they trulv are.
- Never agree to meet an online friend without having a trusted adult help you confirm your friend's identity first and then figure out a safe place to
- If your friend wants to meet an online friend without telling an adult first, tell someone you trust immediately to keep your friend safe.

If I want to meet an online-friend

CONNECT WITH RESPECT!

www.respect2all.org 402-965-1425 info@respect2all.org



FOR MORE HELP CHECK **OUT THESE RESOURCES**

- Stopbullying.gov
- Boys Town National Hotline 1-800-448-3000
- Commonsensemedia.org

RX- respect **SPONSORS**

The Hawks Foundation Heider Family Foundation The Kim Foundation Lozier Foundation The Sherwood Foundation Fred & Eve Simon Foundation Weitz Family Foundation



For a complete list of donors visit: respect2all.org/donors



Updated 2023. We are a 501c3 not-for-profit organization formed of professional actor-educators, led by a child psychologist, advised by community organizations, and function as a data-based organization. We travel to schools and communities presenting educational plays and facilitating discussions to prevent violence, bullving, and harassment. Visit www.respect2all.org to learn more.