



SIGHT



TASTE



HEARING



TOUCH



SMELL



WHAT ARE OUR FIVE SENSES?

Write about or draw your favorite below:



SAFE AND UNSAFE TOUCH

In *The Bubbylonian Encounter*, Bub had to learn the difference between SAFE touch and UNSAFE touch.

Here are some examples. Can you think of more?

SAFE

- Petting your dog or cat
- Wearing a t-shirt warm from the dryer
- Carrying a favorite stuffed toy or blanket
- Sitting in the sunshine feeling the warm sun

UNSAFE

- Touching a hot stove
- Touching a hanging wire or electrical outlet
- Getting hit, kicked or pinched
- Someone touching your private parts



WHAT ARE MY PRIVATE BODY PARTS?

PRIVATE BODY PARTS are parts covered by your bathing suit.

An adult you trust may need to touch your private parts to help you keep them clean and healthy. A trusted adult is someone like your mom or dad or guardian, or your doctor if your mom or dad or guardian is with you.

No one should ask you to look at or touch your private parts and no one should make you look at or touch their private parts.

No one should ask to take pictures of your private parts or have you look at pictures of their private parts.

HOW CAN I GET HELP WITH UNSAFE TOUCHING?

If you don't like it when someone touches you, it's okay to ask them to stop.

"Please stop. Don't touch me like that."

If the way someone touches you makes you feel unsafe – or even if you're not sure – you can tell them to stop, then you can talk to another adult about it.

If you're not sure if a touch is safe or unsafe, ask an adult you trust.

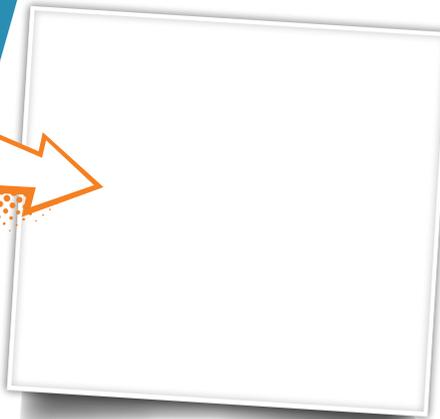
If someone is touching you and you do not want them to say: "Please stop. Don't touch me like that."

WHO CAN I GO TO FOR HELP WITH UNSAFE TOUCHING?

Draw a picture of someone you can tell if you need help or want to talk about a problem with unsafe touching.

Close your eyes and think of two other people you could go to if this person is not around to talk to.

What if you ask and no one helps you? Ask again or ask someone else. Don't give up.



SURPRISES OR SECRETS?

Surprises make you feel happy inside. Example: You made special cupcakes for your Aunt for her birthday!

Secrets can make you feel worried, angry, scared and sick inside. Example: Someone showed you pictures of private body parts and told you not to tell.

If you are not sure if it is a surprise or a secret, ask an adult!

Even if you promised not to tell and you think it might be a bad secret, it is okay to ask an adult about it.

CONNECT WITH RESPECT!

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respect2



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FOR MORE HELP CHECK OUT THESE RESOURCES

- Stopbullying.gov
- [Boys Town National Hotline 1-800-448-3000](http://BoysTownNationalHotline.org)
- Commonsensemedia.org
- [Child Abuse Hotline 1-800-652-1999](http://ChildAbuseHotline.org)
- ProjectHarmony.org



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This handout accompanies RESPECT's performance of *The Bubbylonian Encounter* by Gene Mackey



Updated 2023. We are a 501c3 not-for-profit organization formed of professional actor-educators, led by a child psychologist, advised by community organizations, and function as a data-based organization. We travel to schools and communities presenting educational plays and staging discussions to prevent violence, bullying, and harassment. Visit www.respect2all.org to learn more.